

LUNCH CATERING MENU

SALADS

- ◆ SoFlo Conch Salad
- ◆ Corn & Black Bean Salad
- ◆ Garden Salad
- ◆ Kale Caesar Salad
- ◆ Potato Salad
- ◆ Spinach, Pear, & Pomegranate Salad
- ◆ Quinoa Salad with Cranberries and Walnuts
- ◆ Cherry Tomato, Olive, Feta, and Spinach Pasta Salad
- ◆ Greek Pasta Salad
- ◆ Chef Cassandra's Crazy Kale Cole Slaw
- ◆ Mango Avocado and Salmon Salad

SANDWICHES & WRAPS

- ◆ Assorted Wraps (Veggie, Turkey, Ham, Beef)
- ◆ Curry Chicken Salad & Croissant
- ◆ Turkey Salad Sandwich
- ◆ BLOAT Sandwich (Bacon, Lettuce, Onion, Avocado, Tomato)
- ◆ Sliders
 - Brussels Sprout & Bacon
 - Ham & Swiss
 - Zucchini Bun
 - Hawaiian Chicken
 - Meatball
 - Philly Cheesesteak
 - Chicken Parmesan
 - Chicken BBQ (with pickle buns or regular buns)
 - Pork BBQ (with pickle buns or regular buns)
 - Hamburger (with tomato buns or regular buns)

ENTRÉES

- ◆ Mango Jerk Chicken
- ◆ Lemon Pepper Salmon
- ◆ Parmesan Encrusted Tilapia
- ◆ Buttermilk Fried Chicken
- ◆ Spicy Meatballs in Sundried Tomato & Basil Sauce & Spaghetti

- ◆ Twice Baked Loaded Potato
- ◆ Stuffed Peppers
- ◆ Oxtail Pot Pie
- ◆ Shepard's Pie

SIDES

- ◆ Mixed Greens
- ◆ Ratatouille
- ◆ Cheesy Asparagus
- ◆ Plantains
- ◆ Jamaican Rice & Peas
- ◆ Garlic Cauliflower Mash
- ◆ Garlic Mashed Potatoes
- ◆ Chef Cassandra's Crazy Good Mac & 6 Cheese
- ◆ Sautéed Spinach
- ◆ Scalloped Potatoes
- ◆ Old School Pickled Vegetables
- ◆ Vegetable Skewers
- ◆ Grilled Vegetables
- ◆ Rice
 - Dirty
 - Wild
 - White
 - Yellow

DESSERTS (mini & larger sizes available)

- ◆ Chef Cassandra's Legendary Sweet Potato and Cream Cheese Pie
- ◆ Chef Cassandra's Favorite Red Velvet Cake
- ◆ Strawberry Tart
- ◆ Cobblers A La Mode
 - Peach
 - Mango
 - Blueberry
 - Apple
- ◆ Fruit Skeweers
- ◆ Betta Be Good Banana Pudding
- ◆ Cassie Jean's Coconut Mango Pineapple Cake